

Sandman Consolidated School
838 Seashore Road
Cape May, NJ 08204
Telephone: (609) 884-9410
Fax: (609) 884-9412

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT
834 SEASHORE ROAD
CAPE MAY, NEW JERSEY 08204

Memorial School
2600 Bayshore Road
Villas, NJ 08251
Telephone: (609) 884-9430
Fax: (609) 886-0515

Maud Abrams School
714 Townbank Road
Cape May, NJ 08204
Telephone: (609) 884-9420
Fax: (609) 884-9421

TELEPHONE: (609) 884-9400
FAX: (609) 884-1821

Carl T. Mitnick School
905 Seashore Road
Cape May, NJ 08204
Telephone: (609) 884-9470
Fax: (609) 884-9481

Name _____ Date _____ School _____

Asthma Quiz

1. Asthma affects the airways inside the lungs causing inflammation, swelling, increased mucus production and difficulty moving air both in and out of the lungs.
True or False
2. Asthma is a long term (chronic) condition that is uncontrollable.
True or False
3. FERPA (The Family Education Rights and Privacy Act) allows for health information to be shared with teachers and other school officials for "legitimate educational purposes" without written consent by the parent or guardian.
True or False
4. IDEA (The Individual with Disabilities Education Act) and Section 504 require arrangements be made for all students including those with disabilities to participate in all educational experiences.
True or False
5. Indoor Air Quality (IAQ) is affected by ventilation issues, microbial contamination from molds, fungus and bacteria, and airborne debris from remodeling/renovation work.
True or False
6. The Indoor Air Quality Person for your school district is _____.
7. One of the earliest symptoms of asthma difficulties is a cough.
True or False
8. A student who appears to be having trouble breathing can be sent to the School Nurse alone as long as his/her color looks good.
True or False
9. Every person with asthma has different triggers that can make their asthma worse or cause an asthma attack.
True or False
10. Exposing a person with asthma to their known triggers will eventually make their lungs strong and he/she will be cured.

True or False

11. Which of the following are common asthma triggers ?

Dust Pet Fur Mold Cockroaches Peanuts Perfume Poor Ventilation
Temperature Extremes High or Low Humidity

Smoke Illness Exercise Strong Emotional Expressions ALL of These

12. As a teacher, what can you do to reduce triggers in the classroom?

- a) Keep dust collecting clutter to a minimum.
- b) Keep mold growing plants out of the classroom.
- c) Say no to furry, feathered pets.
- d) Report leaks, odors and mold to your Principal and IAQ Designated Person.
- e) Use low odor instructional materials.
- f) Avoid wearing fragrance in your classroom.
- g) All of the above.

13. If you are still uncertain about your ability to care for a student in your class with asthma and you have further questions, you should:

- a) Call the Asthma Police.
- b) Avoid contacting the parent/guardian as this is confidential information.
- c) Hope for the best.
- d) Contact your school nurse who can give you more specific information about your student's asthma.